

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: NOC

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: DELVAUX Valerie HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M BACKSTROKE WOMEN 15+		Heat:5, starttime: 09:22
Heat: 5/16 Lane : 8 Athlete: DEBAY MANON		Q-time: 00:34:46
PB (50m pool): no time		PB (25m pool): no time SB: no time
PB	5 0 M	
	no time	
	no time	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+		Heat:7, starttime: 09:25
Heat: 7/16 Lane : 6 Athlete: MARCHAL LAURALINE		Q-time: 00:33:85
PB (50m pool): 00:33.85 Seraing 22/03/2026		PB (25m pool): no time SB: 00:33.85 Seraing 22/03/2026
PB	5 0 M	
	00:33.85	
	00:33.85	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+		Heat:10, starttime: 09:30
Heat: 10/16 Lane : 4 Athlete: DOHN NINON		Q-time: 00:33:07
PB (50m pool): 00:33.07 Antwerpen 27/07/2025		PB (25m pool): no time SB: 00:33.24 Seraing 22/03/2026
PB	5 0 M	
	00:33.07	
	00:33.07	
		

Coach feedback:

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: NOC

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:8, starttime: 10:33
Heat: 8/9 Lane : 4 Athlete: FONTAINE HELOISE					Q-time: 02:36:31
PB (50m pool): 02:42.41 Antwerpen 27/07/2025					PB (25m pool): 02:38.04 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.15	01:18.99	02:00.89	02:42.41	
	00:37.15	00:41.84	00:41.90	00:41.52	
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+					Heat:1, starttime: 11:27
Heat: 1/12 Lane : 3 Athlete: FRANCOTTE BENJAMIN					Q-time: 01:16:60
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+					Heat:2, starttime: 11:49
Heat: 2/13 Lane : 4 Athlete: MARCHAL LAURALINE					Q-time: 00:29:04
PB (50m pool): 00:29.04 Seraing 22/03/2026					PB (25m pool): no time SB: 00:29.04 Seraing 22/03/2026
	5 0 M				
PB	00:29.04				
	00:29.04				
					

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+					Heat:5, starttime: 11:52
Heat: 5/13 Lane : 1 Athlete: DEBAY MANON					Q-time: 00:28:62
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: NOC

Event number: 10: 50M FREESTYLE MEN 15+		Heat:3, starttime: 12:03
Heat: 3/15 Lane : 8 Athlete: FRANCOTTE BENJAMIN		Q-time: 00:26:38
PB (50m pool): no time		PB (25m pool): no time SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback: